



Dear Parents,

Your child has expressed an interest in being a member of the CMM Track Team this year. Tryouts will be held **Monday, February 6th, 7th, and 8th** during PE. Students will tryout for hurdles, discus and shot put **on Wednesday, February 15th at Lee Hedges at 4:00-5:00 p.m.** Parents are responsible for dropping off and picking up the students at Lee Hedges. We will keep approximately, 20 students for the girls' team and 20 students for the boys' team, depending on events filled. Please understand that 75-100 students' tryout. The team will be posted after school on **Friday, February 17th** on the doors of the school.

The students that make the team are expected to be well-behaved, continue to maintain good grades, and have some of the top times in the event they try out for. Students that make the team MUST be willing to run in any event chosen for them even if they did not tryout for that event! Also understand that not every student that makes the team is GUARANTEED to start at a meet. It is at the coach's discretion to put the best team there to help CMM have a successful season. Each student that makes the team is required to purchase a t-shirt and uniform.

If you feel you can be a committed member of the team, and would like your child to try out, please sign and return the permission slip, along with the **NOTARIZED WAIVER**, by Friday, February 3rd. All information will be posted on the www.middlemagnet.com website under the **Extra-Curricular/Athletics** section. Please be sure to circle which events your child would like to try out for!

Sincerely,

Glyndale McCullough
Head Track Coach

Suzanne Hughes
Assistant Coach

RETURN THIS PAGE, WITH THE NOTARIZED WAIVER, BY FRIDAY FEBRUARY 3rd !

NAME: _____ PHONE#: _____

GRADE: _____ GYM PERIOD: _____ GYM TEACHER _____

Were you a member of CMM track team last year? Yes or No

If so, what events did you participate in?

These are the events offered:

*Please circle the event/events you are interested in trying out for.
(We will put together relay teams based on times in certain events)

RUNNING

1 MILE-1600 M RUN

2 LAPS- 800 M RUN

1 LAP- 400 M DASH

½ LAP- 200 M DASH

RUNNING

-100 M DASH

-100 M HURDLES

FIELD EVENTS

SHOT PUT

DISCUS

HIGH JUMP

LONG JUMP

I give my permission for my son/daughter to try out for the 2012 CMM Track Team. I agree to accept the terms found on the Track Team Information Form. Attached is the **NOTARIZED** waiver. I understand that if my child makes the team, he/she will not be allowed to practice until a physical form, **signed by a physician**, is turned in.

Parent Signature

Student Signature

Track Team Information

1. Must have a waiver filled out and notarized before they may tryout.
2. If you make the team you must get a physical form filled out and signed by a physician before you can practice. If the student has one from a different sport he/she played, through CMM, it will be accepted.
3. You must purchase a t-shirt and proper track shoes. Details will come later concerning the uniform.
4. If a practice is missed without a doctor's note or without a coach speaking with a parent prior to the missed practice, he/she will not be allowed to participate in that week's meet.
5. Must have a ride to and from practices and meets.
6. Must be able to run a mile.
7. Must have no major disciplinary or academic problems.
8. Must be willing to run in ANY event assigned.
9. Must remain at the meet until it is over even if his/her event is finished (Usually until somewhere around 7:00.).

We have the right to remove any member of the team for any of the following reasons:

1. Poor attitude and work ethic
2. Poor sportsmanship
3. Refusal to participate in the event assigned
4. Disciplinary or academic problems
5. Habitually misses practice/meets or late to practice/meets
6. Habitually late for pick-up after practices or events.

Glyndale McCullough, Head Coach
Suzanne Hughes, Assistant Coach